
Horizon Behavioral Services Employee Assistance Plan

Horizon Behavioral Services' Employee Assistance Program (EAP) provides the City of McMinnville's employees with professional guidance in resolving issues that impact their personal and professional lives.

Counseling services are available from licensed professionals to address such issues as: stress, marital/relationship difficulty, parenting/child needs, family difficulty, alcohol and drug abuse, depression, grief, and more. Employees and their dependents are entitled to receive ***up to six visits with a counselor per issue per year.***

Legal and financial counseling services are also available through the EAP. Access to an attorney in the employee's local area is available to address such needs as: estate planning, writing a last will and testament, child custody, divorce, and civil suits. The first 30 minutes of each consult with an attorney is free of charge, after which the employee will receive a 25% discount off each billable hour. Financial counseling is available by telephone to address financial planning, retirement planning, debt reduction/consolidation, budgeting, and home purchasing needs.

HBS recognizes the importance of offering a high quality, proactive program that fosters good mental health and prevents disruptive and unhealthy situations. Depression, domestic violence, and marital discord are but a few examples of issues that can affect an employee's workplace performance. Our EAP focuses on providing consultation, information, success planning, and referral to resources for a variety of concerns, including, but not limited to the following:

- Depression
- Daily living issues
- Wellness
- Relationship issues
- Child care
- Personal achievement
- Elder care
- Family
- Financial
- Emotional well-being
- Legal
- Substance abuse/chemical dependency
- Stress and anxiety
- Life improvement issues

MEMBER SERVICES

Our EAP services are designed to meet the needs of *all* members. We offer a comprehensive array of Employee Assistance and WorkLife Program services that have proven to be effective in satisfying various levels of care for our members. HBS' Member Services include the following.

24-Hour Member Advocate Line—Support for members that provides connection to specialists for WorkLife, legal, financial, and clinical issues

Goal and Success Planning Consultation—Focuses on providing consultation and resource services to assist employees and families in achieving personal success and well-being

Personalized Resource Materials—Reinforcement for each consultation by providing members with informative materials, including educational literature that address the special needs of the employee as identified through the phone consultation

Assessment and Counseling—Up to allocated number of short-term, in-person counseling sessions for employees and family members for assessment, problem solving, and referrals to resources

National Network—Provider network coverage from anywhere in the United States (With more than 23,000 providers in our network, even employees with multistate residences and college students away at school are covered by our services.)

HorizonCareLink™ Online—An innovative Web site that houses all of HBS' Employee Assistance services under one virtual roof, offering content, interactive tools, and educational guides for employees and managers

Legal Consultation Services—Guidance for members with legal issues such as will preparation, divorce, automobile accidents, and many other issues

Financial Consultation Services—Assistance in managing inheritance or estate taxes, retirement fund rollovers or transfers, and general tax or investment questions

Telephonic and Online WorkLife Services—Telephonic and online assistance with childcare, elder care, adoption, and other life events

Telephonic Follow Up—Personal follow-up contact with each member to ensure the services provided are meeting members' needs

To access these Horizon services, call: (800) 955-6422

