

# *Allstate Benefits Group Cancer Plan*

*In the United States, about 1,529,560 new cancer cases  
were expected to be diagnosed in 2010. <sup>1</sup>*

## **Group Voluntary Cancer**

If you suddenly become diagnosed with cancer, it can be difficult on your family's financial and emotional stability. Having the right coverage to help when you are sick and undergoing treatment or when you cannot work is important. Our cancer insurance can help provide security when you need it most.

### **Meeting Your Needs:**

Our cancer coverage can help offers you and your family member financial support during a period of unexpected illness.

- Benefits will be paid directly to you unless otherwise assigned
- Coverage can be purchased for you and your entire family
- No evidence of insurability required at initial enrollment
- Waiver of premium after 90 days of disability due to cancer for as long as your disability lasts\*
- Includes coverage for 29 other specified diseases\*\*
- Portable coverage

### **Benefit Coverage Highlights**

Group Voluntary Cancer Insurance offer you coverage should you be diagnosed with cancer or 29 specified diseases. Each pre-packaged plan doesn't just cover you; if you choose, it also covers your dependents (which can include spouse and dependent children). Our valuable coverage can help supplement your traditional medical insurance which may only cover a small portion of the non-medical expenses that can be incurred with such a diagnosis as cancer.

You and each covered family member can be sure they will receive:

- Benefits that help pay for treatment, hospital stays, transportation and more!
- Easy enrollment without required evidence of insurability
- Benefit coverage that includes 29 other specified diseases

A cancer diagnosis can mean unforeseen expenses that may be difficult to pay, especially if you aren't working. Hospital stays, medical or surgical treatments, and transportation by air or ground ambulance can add up quickly and be very costly. Our Group Voluntary Cancer Supplemental Insurance helps offset some of the expenses your health insurance may not cover, so you can focus on getting well.

*\*Primary insured only*

*\*\*List of covered disease on page 56*

*1 Cancer Facts & Figures, American Cancer Society, 2010*

**In the U.S., men have slightly less than a 1 in 2 lifetime risk of developing cancer, for women, the risk is a little more than 1 in 3.<sup>2</sup>**

### ***Your Benefit Coverage***

Benefits are paid for cancer and specified disease and can help cover the costs of specific treatments and expenses as they happen. Terms and conditions for each benefit will vary.

### ***Specified Diseases***

Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease), Muscular Dystrophy, Poliomyelitis, Multiple Sclerosis, Encephalitis, Rabies, Tetanus, Tuberculosis, Osteomyelitis, Diphtheria, Scarlet Fever, Cerebrospinal Meningitis (bacterial), Brucellosis, Sickle Cell Anemia, Thalassemia, Rocky Mountain Spotted Fever, Legionnaire's Disease (confirmation by culture or sputum), Addison's Disease, Hansen's Disease, Tularemia, Hepatitis (Chronic B or Chronic C with liver failure or Hepatoma), Typhoid Fever, Myasthenia Gravis, Reye's Syndrome, Primary Sclerosing Cholangitis (Walter Payton's Liver Disease), Lyme Disease, Systemic Lupus Erythematosus, Cystic Fibrosis, and Primary Biliary Cirrhosis.

### ***Continuous Hospital Confinement***

**A \$100 benefit will be paid** for each day of continuous hospital confinement for the treatment of cancer or specified diseases.

### ***Government or Charity Hospital***

**A \$100 benefit will be paid** for each day a covered person is confined to:  
1. a hospital operated by or for the U.S. Government (including the Veteran's Administration); or  
2. a hospital that does not charge for the services it provides (charity). This benefit is paid in lieu of all other benefits in the policy (except Waiver of Premium Benefit).

### ***Surgery***

**Up to a \$3,000\*\* benefit will be paid** when a covered surgery (\*\*amount per surgery depends on surgery) is performed on a covered person. This benefit pays the actual charges, up to the amount listed in the Schedule of Surgical Procedures for the specific procedure. Two or more procedures performed at the same time through one incision or entry point are considered one operation; AB pays the amount for the procedure with the greatest benefit. AB pays for a covered surgery performed on an outpatient basis at 150% of the scheduled benefit. This benefit does not pay for surgeries covered by other benefits in the Schedule of Benefits.

*2 Cancer Facts & Figures, American Cancer Society, 2010.*

### ***Second Opinion***

**A \$400 benefit will be paid** for a second surgical opinion, if physician recommends surgery for covered condition. This second opinion must be rendered prior to surgery or treatment being performed, and obtained from a physician not in practice with the physician rendering the original recommendation.

### ***Physical or Speech Therapy***

**A \$50 benefit will be paid** per day, for physical or speech therapy for restoration of normal body function.

### ***Anesthesia***

**25% of the surgery benefit will be paid** for anesthesia received by an anesthetist.

### ***Ambulatory Surgical Center***

**A \$500 benefit will be paid** for the use of an Ambulatory Surgical Center, each day for a surgical procedure covered under the Surgery benefit that is performed at an ambulatory surgical center.

### ***Radiation/Chemotherapy for Cancer***

**Up to a \$10,000 (Low) or \$20,000 (High) benefit will be paid** per 12 month period for radiation therapy and chemotherapy received by a covered person. This benefit pays the actual cost and is limited to the amount shown per 12 month period beginning with the first day of benefit under this provision. Administration of radiation therapy or chemotherapy other than by medical personnel in a physician's office or hospital, including medications dispensed by a pump, will be limited to the costs of the drugs only, subject to the maximum amount payable per 12 month period.

### ***Anti-Nausea Benefit***

**Up to a \$200 benefit will be paid** per calendar year for the actual cost of anti-nausea medication prescribed for a covered person by a physician. This benefit does not pay for medication administered while the covered person is an inpatient.

### ***Inpatient Drugs and Medicine***

**A \$25 benefit will be paid** per day for drugs and medicine while continuously hospital confined. This benefit does not pay for drugs and/or medicine covered under the Radiation/Chemotherapy Benefit or the Anti-Nausea Benefit.

### ***Hematological Drugs***

**Up to a \$200 (Low) or \$400 (High) benefit will be paid** per year for the actual cost of drugs intended to boost cell lines such as white blood cell counts, red blood cell counts and platelets. This benefit is paid only when the Radiation/Chemotherapy for Cancer benefit is paid.

### ***Medical Imaging***

**Actual cost up to a \$500 (Low) or \$1,000 (High) benefit will be paid** per calendar year if a covered person receives an initial diagnosis or follow-up evaluation based upon one of the following medical imaging exams: CT scan; Magnetic Resonance Imaging (MRI) scan; bone scan; thyroid scan; Multiple Gated Acquisition (MUGA) scan; Positron Emission Tomography (PET) scan; transrectal ultrasound; or abdominal ultrasound. This benefit is limited to 1 payment per calendar year per covered person.

### ***Private Duty Nursing Services***

**A \$100 benefit will be paid** per day while hospital confined, if a covered person requires the full-time services of a private nurse. Full-time means at least 8 hours of attendance during a 24 hour period. These services must be required and authorized by a physician and must be provided by a nurse.

### ***New or Experimental Treatment***

**Actual charges up to a \$5,000 benefit will be paid** per 12 month period, for new or experimental treatment. New or Experimental Treatment is covered for cancer and specified disease when: the treatment is judged necessary by the attending physician; and no other generally accepted treatment produces superior results in the opinion of the attending physician. This benefit is limited to the maximum shown per 12 month period beginning with the first day of treatment under this provision. This benefit does not pay if benefits are payable for treatment covered under any other benefit in the Schedule of Benefits.

### ***Blood, Plasma, and Platelets***

**Up to a \$10,000 (Low) or \$20,000 (High) benefit will be paid** per 12 month period, for the actual cost of blood, plasma and platelets (including transfusions and administration charges); processing and procurement costs; and cross-matching. Does not pay for blood replaced by donors or immunoglobulins.

### ***Physician's Attendance***

**A \$50 benefit will be paid** for a visit by a physician during hospital confinement. Benefit is limited to one visit by one physician per day of hospital confinement. Admission to the hospital as an inpatient is required.

### ***At Home Nursing***

**A \$100 benefit will be paid** per day for private nursing care and attendance by a nurse at home. At home nursing services must be required and authorized by the attending physician. Benefit is limited to the number of days of the previous continuous hospital confinement.

### ***Prosthesis***

**Up to a \$2,000 benefit will be paid** per amputation, per covered person for the actual charges for prosthetic devices which are prescribed as a direct result of surgery and which require surgical implantation.

### ***Hair Prosthesis***

**A \$25 benefit will be paid** every 2 years, for a wig or hairpiece if the covered person experiences hair loss.

### ***Nonsurgical External Breast Prosthesis***

**Up to a \$50 benefit will be paid** for the actual cost of the initial, nonsurgical breast prosthesis following a covered mastectomy or partial mastectomy that is paid for under the policy.

### ***Ambulance***

**A \$100 benefit will be paid** per continuous hospital confinement for transportation by a licensed ambulance service or a hospital owned ambulance to or from a hospital in which the covered person is confined.

### ***Hospice Care***

**A \$100 benefit will be paid** for one of the following when a covered person has been diagnosed by a physician as terminally ill as a result of cancer or specified disease, is expected to live 6 months or less and the attending physician has approved services: 1. Freestanding Hospice Care Center – A benefit will be paid per day for confinement in a licensed freestanding hospice care center. Benefits payable for hospice centers that are designated areas of hospitals will be paid the same as inpatient hospital confinement; or 2. Hospice Care Team – A benefit will be paid per visit, limited to 1 visit per day, for home care services by a hospice care team. Home care services are hospice services provided in the patient's home. Benefit is payable only if: (a) the covered person has been diagnosed as terminally ill; and (b) the attending physician has approved such services. Does not pay for: food services or meals other than dietary counseling; or services related to well-baby care; or services provided by volunteers; or support for the family after the death of the covered person.

### ***Extended Care Facility***

**A \$100 benefit will be paid** for each day a covered person is confined in an extended care facility for the treatment of cancer or specified disease. Confinement must be at the direction of the attending physician and must begin within 14 days after a covered hospital confinement. Benefit is limited to the number of days of the previous continuous hospital confinement.

### ***Outpatient Lodging***

**A \$50 benefit will be paid** for lodging per day when a covered person receives radiation or chemotherapy treatment on an outpatient basis, provided the specific treatment is authorized by the attending physician and cannot be obtained locally. Benefit is for a single room in a motel, hotel, or other accommodations acceptable to us during treatment, **up to the maximum \$2,000** per 12 months beginning with the first day of benefit under this provision. Outpatient treatment must be received at a treatment facility more than 100 miles from the covered person's home.

### ***Non-Local Transportation***

**\$0.40 per mile or actual cost of round trip coach fare on a common carrier benefit will be paid** for treatment at a hospital (inpatient or outpatient); or radiation therapy center; or chemotherapy or oncology clinic; or any other specialized freestanding treatment center nearest to the covered person's home, provided the same or similar treatment cannot be obtained locally. Benefit pays up to 700 miles for round trip in personal vehicle. "Non-Local" means a round trip of more than 70 miles from the covered person's home to the nearest treatment facility. Mileage is measured from the covered person's home to the nearest treatment facility as described above. Does not cover transportation for someone to accompany or visit the person receiving treatment; visits to a physician's office or clinic; or for services other than actual treatment.

### ***Family Member Lodging and Transportation***

**Up to a \$50 benefit per day will be paid for lodging and \$0.40 per mile or the actual cost of round trip coach fare on a common carrier will be paid** for one adult member of the covered person's family to be near the covered person, when a covered person is confined in a non-local hospital for specialized treatment. 1. Lodging -This benefit is for a single room in a motel, hotel, or other accommodations acceptable to AB. Benefit is limited to 60 days for each period of continuous hospital confinement. 2. Transportation -Benefit is limited to 700 miles per continuous hospital confinement if traveling in personal vehicle. Mileage is measured from the visiting family member's home to the hospital where the covered person is confined. Does not pay the Family Member Transportation Benefit if the personal vehicle transportation benefit is paid under the Non-Local Transportation Benefit, when the family member lives in the same city or town as the covered person.

### ***Waiver of Premium (primary insured only)***

If while coverage is in force the insured employee becomes disabled due to cancer first diagnosed after the effective date of coverage and remains disabled for 90 days, AB pays premiums due after such 90 days for as long as the insured employee remains disabled.

### ***Bone Marrow or Stem Cell Transplant\****

**A 1. \$1,000\*, 2. \$2,500\*, 3. \$5,000\* benefit will be paid** for the following types of bone marrow or stem cell transplants performed on a covered person. 1. A transplant which is other than non-autologous. 2. A transplant which is non-autologous for the treatment of cancer or specified disease, other than Leukemia. 3. A transplant which is non-autologous for the treatment of Leukemia. **\*This benefit is payable only once per covered person per calendar year.**

## **ADDITIONAL BENEFITS**

### **Wellness**

**A \$100 benefit will be paid** per calendar year per covered person for one of the following wellness tests: Biopsy for skin cancer; Blood test for triglycerides; Bone Marrow Testing; CA15-3 (cancer antigen 15 - 3 - blood test for breast cancer); CA125 (cancer antigen 125 – blood test for ovarian cancer); CEA (carcinoembryonic antigen – blood test for colon cancer); Chest X-ray; Colonoscopy; Doppler screening for carotids; Doppler screening for peripheral vascular disease; Echocardiogram; EKG (Electrocardiogram); Flexible sigmoidoscopy; Hemocult stool analysis; HPV (Human Papillomavirus) Vaccination; Lipid panel (total cholesterol count); Mammography, including Breast Ultrasound; Pap Smear, including ThinPrep Pap Test; PSA (prostate specific antigen – blood test for prostate cancer); Serum Protein Electrophoresis (test for myeloma); Stress test on bike or treadmill; Thermography; and Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms. This benefit is paid regardless of the result of the test.

**A \$100 benefit will be paid** per calendar year per covered person age 50 and over and for covered persons age 40 and over who are at high risk for prostate cancer for the following wellness test: PSA Testing/Digital Rectal Examinations.

## **OPTIONAL BENEFITS**

### **Cancer Initial Diagnosis (First Occurrence)**

**A one time benefit of \$3,000 benefit will be paid** when a covered person is diagnosed for the first time in their life as having cancer other than skin cancer. The first diagnosis must occur after the effective date of coverage for that covered person. Benefit is payable only once per covered person.

### **Intensive Care**

**A benefit will be paid** for each day for the following types of intensive care confinement:

A. Hospital Intensive Care Unit Confinement \$600\* - This benefit is for hospital intensive care unit confinement for any illness or accident.

B. Step-Down Hospital Intensive Care Unit Confinement \$300\*- This benefit is for step down hospital intensive care unit confinement for any illness or accident.

C. Ambulance - AB pays the actual charges for transportation of a covered person by licensed air or surface ambulance service to a hospital for admission to an intensive care unit for a covered confinement. This benefit is not paid if an ambulance benefit is paid under the Ambulance benefit in the policy.

**\*This benefit is limited to 45 days for each period of such confinement. A day is a 24 hour period. If confinement is for only a portion of a day, then a pro-rata share of the daily benefit is paid.**

**Your premiums consist of:**

**Low Option** - 1 unit of Hospital Benefits; 4 units of Radiation/Chemotherapy Benefits; 2 units of Surgery and Related Benefits; 1 unit of Miscellaneous Benefits; 4 units of Additional Wellness Benefit; 3 units of Optional Cancer Initial Diagnosis (First Occurrence); and 6 units of Optional Intensive Care Benefit.

**High Option** - 1 unit of Hospital Benefits; 8 units of Radiation/Chemotherapy Benefits; 2 units of Surgery and Related Benefits; 1 unit of Miscellaneous Benefits; 4 units of Additional Wellness Benefit; 3 units of Optional Cancer Initial Diagnosis (First Occurrence); and 6 units of Optional Intensive Care Benefit.

**Issue Ages: 18 and older while actively at work.**

**Certificates** - Certificates under this plan are issued on a guaranteed basis only at the time of the initial enrollment. A completed Evidence of Insurability form is required for late entrants into the group plan.

***Low Option without Cancer Initial Diagnosis and Intensive Care***

<b>Insureds</b>	<b>Monthly</b>
<b>Employee</b>	<b>\$20.07</b>
<b>Employee + Child(ren)</b>	<b>\$27.71</b>
<b>Employee + Spouse</b>	<b>\$30.96</b>
<b>Family</b>	<b>\$38.57</b>

***Low Option with Cancer Initial Diagnosis and Intensive Care***

<b>Insureds</b>	<b>Monthly</b>
<b>Employee</b>	<b>\$26.06</b>
<b>Employee + Child(ren)</b>	<b>\$36.81</b>
<b>Employee + Spouse</b>	<b>\$41.50</b>
<b>Family</b>	<b>\$52.23</b>

***High Option without Cancer Initial Diagnosis and Intensive Care***

<b>Insureds</b>	<b>Monthly</b>
<b>Employee</b>	<b>\$31.09</b>
<b>Employee + Child(ren)</b>	<b>\$43.65</b>
<b>Employee + Spouse</b>	<b>\$47.51</b>
<b>Family</b>	<b>\$60.04</b>

***High Option with Cancer Initial Diagnosis and Intensive Care***

<b>Insureds</b>	<b>Monthly</b>
<b>Employee</b>	<b>\$37.08</b>
<b>Employee + Child(ren)</b>	<b>\$52.75</b>
<b>Employee + Spouse</b>	<b>\$58.05</b>
<b>Family</b>	<b>\$73.70</b>

**Eligibility** - Family members eligible for coverage include: you; your legal spouse or domestic partner; and your children including adopted children or foster children from the moment of placement in the residence, stepchildren, children of a domestic partner, or legal ward who are under 26 years old; or under 30 years of age and a military veteran components of the U.S. Armed Forces and has received a release or discharge other than a dishonorable discharge.

**Portability Privilege** -AB will provide portability coverage, subject to these provisions. Such coverage will not be available for you, unless: coverage under the policy terminates under the General Provision entitled "Termination of Coverage"; and we receive a written request and payment of the first premiums for the portability coverage not later than 30 days after such termination; and the request is made for that purpose. No portability coverage will be provided to you, if your insurance under the policy terminated due to your failure to make required premium payments.

**Termination of Coverage** - As long as you are insured, your coverage under the policy ends on the earliest of: the date the policy is canceled; or the last day of the period for which you made any required premium payments; or the last day you are in active employment except as provided under the "Temporary Layoff , Leave of Absence or Family and Medical Leave of Absence" provision; or the date you are no longer in an eligible class; or the date your class is no longer eligible. We will provide coverage for a payable claim incurred while you are covered under the policy. If your spouse is a covered person, the spouse's coverage ends upon valid decree of divorce or your death. If your domestic partner is a covered person, the domestic partner's coverage ends upon termination of the domestic partnership or your death. If your child is a covered person, the child's coverage ends on the certificate anniversary next following the date the child is no longer eligible. This is when the child reaches age 26; or age 30 as per the Eligibility of Dependents provision or other does not meet the requirements of an eligible dependent. Coverage does not terminate on a child who: is incapable of self-sustaining employment by reason of handicapped condition; and became so handicapped prior to the attainment of the limiting age of eligibility under the policy; and is dependent upon you for lifetime care and supervision or other care providers. This coverage continues as long as your coverage remains in force and the dependent remains in such condition. Inquiry of the handicap and dependency of the child will be our responsibility. At the time of the inquiry you will have 31 days to provide proof of the handicap and dependency of the child.

**Pre-Existing Condition, Exclusions and Limitations** - We do not pay for any benefit due to, or caused by, a pre-existing condition, as defined, during the 12 month period beginning on the date that person became a covered person. A Pre-Existing Condition is a disease or physical condition for which medical advice or treatment was recommended or received from a member of the medical profession within the 12 month period prior to the effective date of coverage. A pre-existing condition can exist even though a diagnosis has not yet been made. We do not pay for any loss except for losses due directly from cancer or specified disease. We do not pay for any loss except for losses due directly from cancer or specified disease. We do not pay for any other conditions or diseases caused or aggravated by cancer or a specified disease. Diagnosis must be submitted to support each claim. For the Surgery, New or Experimental Treatment and Prosthesis Benefits, if specific charges are not obtainable as proof of loss, AB will pay 50% of the applicable maximum for the benefits payable. Treatment must be received in the United States or its territories.

**Intensive Care Exclusions and Limitations** - The Hospital Intensive Care Unit Confinement benefit does not pay for intensive care if a covered person is admitted because of an attempted suicide; or intentional self-inflicted injury; or intoxication or being under the influence of drugs not prescribed or recommended by a physician; or alcoholism or drug addiction. We do not pay for confinements in any care unit that does not qualify as a hospital intensive care unit. Progressive care units, sub-acute intensive care units, intermediate care units, and private rooms with monitoring, step down units and any other lesser care treatment units do not qualify as hospital intensive care units. We do not pay for step down hospital intensive care unit confinement if a covered person is admitted and confined in the following type of units: telemetry or surgical recovery rooms; post-anesthesia care units, progressive care units; intermediate care units; private monitored rooms; observation units located in emergency rooms or outpatient surgery units; beds, wards, or private or semi-private rooms with or without telemetry monitoring equipment; an emergency room; labor or delivery rooms; or other facilities that do not meet the standards for a step-down hospital intensive care unit. We do not pay this benefit for continuous hospital intensive care unit confinements or continuous step-down hospital intensive care unit confinements that occur during a hospitalization that begins before the effective date of coverage. Children born within 10 months of the effective date are not covered for any continuous hospital intensive care unit confinement that occurs or begins during the first 30 days of such child's life.

**Coverage Subject to the Policy** - The coverage described in the certificate of insurance is subject in every way to the terms of the policy that is issued to the policyholder (your employer). It alone makes up the agreement by which the insurance is provided. The group policy may at any time be amended or discontinued by agreement between AB and the policyholder. Your consent is not required for this. AB is not required to give you prior notice.

**The policy is Limited Benefit Cancer and Specified Disease Insurance.** This is not a Medicare Supplement Policy. If eligible for Medicare, review Medicare Supplement Buyer's Guide available from American Heritage Life Insurance Company. Subject to COBRA continuation of coverage.

**The coverage is provided by a limited benefit supplemental insurance policy.** This material is valid as long as information remains current, but in no event later than July 1, 2013. Group Cancer and Specified Disease benefits provided by policy GVCP3, or state variations thereof. The policy and rider are underwritten by American Heritage Life Insurance Company. This brochure highlights some features of the policy but is not the insurance contract. Only the actual policy provisions control. The policy sets forth in detail, the rights and obligations of both the policyholder (employer) and the insurance company. For complete details, contact your Insurance Agent, or call 1-800-521-3535. This is a brief overview of the benefits available under the Group Voluntary Policy underwritten by American Heritage Life Insurance Company. Details of the insurance, including exclusions, restrictions and other provisions are included in the certificate issued.

**This brochure is for use in enrollments which are situated in Virginia.**



**Allstate**<sup>®</sup>

Benefits

**Allstate Benefits (AB) is the marketing name used by American Heritage Life Insurance Company (Home Office, Jacksonville, FL), a subsidiary of The Allstate Corporation.**

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