
Continuation of Benefits

GILSBAR HEALTH CARE FLEXIBLE SPENDING ACCOUNT

If you prefer to terminate your participation and contribution to the Plan, any balance in your account on the date of termination will be forfeited if expenses were not incurred prior to the date of termination. For more detailed information, please call **Gilsbar at 800.445.7227 x.883.**

CIGNA MEDICAL, DENTAL & SUPERIOR VISION

Under the Cigna Medical, Dental, and Superior Vision plan, you and your covered dependents are eligible to continue coverage through COBRA according to the "qualifying events".

If you and your dependents are enrolled in these plans, you will be eligible to continue coverage through COBRA after you leave your employment for a specified period. In addition, while covered under the plan, if you should die, become divorced or legally separated, or become eligible for Medicare, your covered dependents may be eligible to continue dental coverage through COBRA. Also, while you are covered under the plan, your covered children who no longer qualify as an eligible dependent may continue coverage through COBRA. Examples of an ineligible dependent would be when your child graduates from college, or reaches the age of not being eligible for dependent coverage. You will receive notification with premium and continuation options shortly following your termination of employment. Should you have any questions you may contact your **Benefits Department at 252.641.7832.**

CSO/ PHILADELPHIA AMERICAN CANCER

When you leave employment you may continue your CSO Cancer coverage by having the premiums that are currently deducted from your paycheck drafted from your bank account. **You may contact CSO/Philadelphia American at 800.554.0092.**

ASSURITY CANCER

When you leave employment, you may continue your Assurity Cancer coverage by having the premiums that are currently deducted from your paycheck drafted from your bank account. Please call **Assurity at 866.289.7337.**

ACCIDENT ONLY INSURANCE

When you leave employment you may continue your AccidentSelect Insurance coverage by having the premiums that are currently deducted from your paycheck drafted from your bank account. Please contact Transamerica Life Insurance Company at **800.400.3042.**

STANDARD LIFE SHORT TERM DISABILITY PLAN

When you leave you may continue your disability coverage provided you send Standard Life proof of continuous employment. Coverage is subject to occupational and income underwriting rules. Coverage expires at age 65. You can have the

premium that is currently deducted from your paycheck drafted from your bank account. Please contact **Standard Life at 800.327.0695.**

LINCOLN FINANCIAL GROUP LONG TERM DISABILITY PLAN

An insured may keep coverage for up to one year after employment has been terminated at the same rates that were in effect at the time of termination. Coverage must be in force at least 12 months prior to termination and the insured must not be disabled, on a leave of absence, or retired on the date of termination. **Please contact Lincoln Financial Group at 800.423.2765.**

METLIFE TERM LIFE PLAN

Conversion: If your employment terminates while you are covered under the plan or when you are approved for long-term disability, you may purchase without medical evidence of insurability, any individual insurance policy, except a term policy. You must apply for conversion within 31 days after the date your coverage terminates. This applies to Optional Life and Dependent Life as well as the basic coverage.

To get information for converting coverage, please contact MetLife at 877.275.6387.

METLIFE WHOLE LIFE

When you leave employment you may continue your MetLife Whole Life coverage by having the premium that is currently deducted from your paycheck drafted from your bank account. Please contact **MetLife at 800.634.5007.**

TEXAS LIFE WHOLE LIFE

When you leave employment, you may continue your Texas Life Whole Life coverage by having the premiums that are currently deducted from your paycheck drafted from your bank account. You may do that by contacting **Texas Life at 800.283.9233 prompt #3.**

Important Phone Numbers

- Assurity Cancer - 888.358.8808, ext. 23
- County (Cigna) Health & Dental- 866.622.2288
- Edgecombe County Government Benefits Department- 252.641.7832
- Gilsbar Health and Dependent Care - 800.445.7227 ext. 883
- Lincoln Financial Group Long Term Disability- 800.423.2765
- Mark III Brokerage, Inc.- 800.532.1044
- MetLife Term Life Insurance- conversion: 877.275.6387
- MetLife Whole Life- 800.634.500
- Standard Life Short Term Disability - 800.327.0695
- Transamerica Accident- 888.763.7474
- Texas Life Whole Life- 800.283.9233 prompt #3.

