

## Workplace Voluntary Continuing Disability Claim Form Filing Instructions

The offering Company(ies) listed below, severally or collectively, as the content may require, are referred to in this authorization as “We or “Humana.”

Life, Specified Disease/Critical Illness, Hospital Indemnity, and Accident Insurance products insured by Kanawha Insurance Company, Humana Insurance Company, Humana Insurance Company of New York or Humana Insurance Company of Kentucky.

### Page One – Filing Instructions

- Complete the appropriate sections of the claim form.
- Submit to the address or fax to the number below.

### Page Two – Continuing Disability Claim Form - Employee’s Statement

- Complete all questions in all sections of the Employee Statement
- Sign and date the claim form

### Pages Three, Four and Five – Continuing Disability Claim Form - Physician’s Statement

- Ask your attending physician to complete this section.
- This section must indicate the dates of disability and an expected return to work date. If the return to work date is unknown, the physician should indicate the date of your next appointment or recheck for this condition.
- All sections regarding impairment, functional ability, prognosis and restrictions should be carefully reviewed and completed based on your current condition. This will assist in determining extent of the disability and decrease the need for progress notes.
- **Note that progress notes and/or medical records may be requested at any time to substantiate a disability.**
- If you are able to perform limited duty or part-time activities, the physician should indicate this on the form.

### Page Six - Authorization to Release Information

- The Authorization to allow physicians to release medical records to Kanawha Insurance Company, a Humana Company.
- Please make certain the Claimant or Authorized representative sign and date the form.



- **Submit the Employee and Physician statements in order to prevent delays in processing. Both sections are required before continued benefits for disability can be reviewed.**
- Retain a copy of all information submitted for your records.

If you have any questions when completing this form, please call 1-877-378-1505.

### Mail the completed form to the following address:

**Humana**  
P.O. Box 13068  
Green Bay, WI 54344

**Or Fax to: 1-502-405-7107**

**Workplace Voluntary Continuing Disability Claim Form- Employee Statement**

**Section I – Employee Information:**

Employee's Name \_\_\_\_\_ Policy No. \_\_\_\_\_

Mailing Address \_\_\_\_\_ Social Security No. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Daytime Phone number (\_\_\_\_) \_\_\_\_\_

Since your disability, have you been able to perform any work?  Yes  No If yes, please complete the following:

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Dates worked: \_\_\_\_\_

Have you returned to work?  No  Yes If yes, date Returned: \_\_\_\_/\_\_\_\_/\_\_\_\_  Full time  Part Time

**Section II –Deduction of Premium.**

***If your policy is currently active, we will deduct premiums from your disability benefit to keep your premiums paid to date. This will eliminate the risk that your policy be terminated for lack of premium payments.***

*If you do not want premiums deducted from your benefit, select the waiver option below, then sign and date your request.*

I do not want premiums deducted from my disability benefit.

Signature of Employee \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Any Person, who with the intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an Application or files a claim containing a false or deceptive statement may be subject to prosecution and punishment for insurance fraud.

***The above statements are true to the best of my knowledge and belief.***

\_\_\_\_\_/\_\_\_\_/\_\_\_\_  
*Signature of Insured* *Date*

## Workplace Voluntary Continuing Disability Claim Form- Physician Statement

### Section I – Patient Information:

Employee's Name \_\_\_\_\_ Policy No. \_\_\_\_\_  
 Mailing Address \_\_\_\_\_ Social Security No. \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Daytime Phone number (\_\_\_\_) \_\_\_\_\_

### Section II – Treatment Information:

Current Diagnosis (including any complications) & symptoms: \_\_\_\_\_

Diagnosis Code(s) \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Date of last patient visit \_\_\_\_/\_\_\_\_/\_\_\_\_

Frequency of visits:  Weekly  Monthly  Other (specify) \_\_\_\_\_

Objective findings (including current x-rays, EKG, laboratory data and any clinical findings)

**Patient's progress:**  Recovered  Improved  Unchanged  Regressed  
**Patient is currently:**  Ambulatory  House Confined  Bed Confined  Hospital Confined

Patient's current treatment plan for this condition (including any rehab programs)

List any current Medications (include date of change if applicable)

Have any subsequent surgeries been performed?  Yes  No If yes, surgery date \_\_\_\_/\_\_\_\_/\_\_\_\_

CPT Code(s)/ procedure performed \_\_\_\_\_

Has patient been hospital confined?  Yes  No If yes, Admit Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Hospital Name: \_\_\_\_\_ Address \_\_\_\_\_

### Section III – Impairment:

Cardiac Functional Capacity Limitations (American Heart Association – if applicable):  
 Class 1 (None)  Class 2 (Slight)  
 Class 3 (Marked)  Class 4 (Complete)

Blood Pressure (Last Visit) \_\_\_\_\_

**Physical Impairments** (As defined in Federal Dictionary of Occupational Titles):

- Class 1 - No Limitation of functional capacity capable of heavy work. No restriction. (0% - 10%)
- Class 2 - Medium manual activity. (15% - 30%)
- Class 3 - Slight limitation of functional capacity; capable of light work. (35% - 55%)
- Class 4 - Moderate limitation of functional capacity; capable of clerical/administrative sedentary activity. (60% - 70%)
- Class 5 - Severe limitation of functional capacity; capable of minimum sedentary activity. (75% - 100%)

Comments \_\_\_\_\_

## Mental Impairments

- Class 1 - Patient is able to function under stress and engage in interpersonal relations. ( No limitations)
- Class 2 - Patient is able to function in most stress situations and engage in interpersonal relations. (Slight limitations)
- Class 3 - Patient is able to engage in only limited stress situations and engage in limited interpersonal relations. (Moderate limitations)
- Class 4 - Patient is unable to engage in stress situations or engage in interpersonal relations. (Marked limitations)
- Class 5 - Patient has significant loss of psychological, physiological, personal, and social adjustment. (Severe limitations)

Comments:

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## Section IV – Functional Ability,

Estimate your patient's ability to perform the following tasks based on your knowledge of the patient.

Activity:	Never (0%)	Occasionally (1-33%)	Frequently (34-66%)	Continuously (67-100%)	Number of hours (less than 3, 4/6 or 6/8 hours)
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Kneeling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Twisting/bending/stooping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Reaching above shoulder level	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Operating heavy machinery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Keyboard Use/Repetitive Hand Motion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Lifting/Carrying				Pushing/Pulling			
	Never (0%)	Occasionally (1-33%)	Frequently (34-66%)	Continuously (67-100%)	Never (0%)	Occasionally (1-33%)	Frequently (34-66%)	Continuously (67-100%)
Up to 10 lbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 to 20 lbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21 to 50 lbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51 to 100lbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If the disability is related to a psychological disorder, has the Global Assessment of Functioning (GAF) been performed?  Yes  No

If yes, date of the assessment \_\_\_\_/\_\_\_\_/\_\_\_\_

GAF Score \_\_\_\_\_

## Section V – Prognosis and restrictions:

Is patient currently disabled from their job?  Yes  No from any other work?  Yes  No

When do you expect a fundamental or marked change in the patient's condition?

- Less than 1 Month  1 Month  2-3 Months  4-6 Months  Other \_\_\_\_\_

What date can employment resume in the patients regular occupation? \_\_\_\_/\_\_\_\_/\_\_\_\_  Full-time  Part-time

What date can employment resume in another occupation? \_\_\_\_/\_\_\_\_/\_\_\_\_  Full-time  Part-time

If the return to work date is unknown at this time, please indicate date of next appointment. \_\_\_\_/\_\_\_\_/\_\_\_\_

Describe fully how the patient's conditions/limitations are affecting their ability to work, including any physical restrictions.

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Additional Comments:

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Any Person, who with the intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an Application or files a claim containing a false or deceptive statement may be subject to prosecution and punishment for insurance fraud. (See State Specific Fraud Warning Statements on page 6 and 7)

***The above Statements are true to the best of my knowledge and belief.***

Printed Name of Physician \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_

Street Address \_\_\_\_\_ Specialty \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Signature of Attending Physician \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Authorization to release information - For the Use and Disclosure of Protected Health Information**

TO: Any physician, medical practitioner, hospital, pharmacy benefits manager, clinic or other medical or medically-related facility or provider of medical or dental services or supplies; any employer, group policyholder, contract holder or insurer, benefit plan administrator, administrator, The Index System, business entities, financial institutions, consumer reporting agencies, educational institutions, or any Federal, State or Local Government Agency, including Social Security Administration and Veterans Administration.

I authorize the use and/or disclosure of my protected health information and other related information as described below:

1. My authorization applies to that information obtained by all health care professionals. This information may include my medical records, laboratory reports, prescription medication records, and radiology reports in the possession of all health care professionals. For purposes of this authorization, medical information specifically includes confidential information regarding HIV/AIDS, communicable diseases, alcohol or drug abuse, and mental health, as such information may relate to my claim for benefits. This information may be used and/or disclosed pursuant to this Authorization.
2. I authorize all health care professionals to disclose my protected health information.
3. My authorization applies to work information and history, including, but not limited to, job duties, earnings and personnel records, client lists, any and all other work-related information for contractual work performed; information on any insurance coverage and claims filed, including all records and information related to such coverage and claims.
4. I authorize the release of information concerning Social Security benefits, including, but not limited to, monthly benefit and payment amounts, entitlement dates and entitlement details, and information from my Master Beneficiary Record.
5. I authorize only designated staff of Kanawha Insurance Company, a Humana Company to receive, in writing, by photocopy, facsimile, or by telephone, my protected health information.
6. I understand that, if my protected health information is disclosed to someone who is not required to comply with federal privacy protection regulations, such information may be redisclosed and would no longer be protected.
7. I understand that I have a right to revoke this Authorization at any time. My revocation must be in writing in a letter addressed to Kanawha Insurance Company P.O. Box 13068 Green Bay, WI 54344. This revocation shall become effective on the date it is received by Kanawha Insurance Company. I am aware that my revocation is not effective to the extent that the persons I have authorized to use and/or disclose my protected health information have acted in reliance upon this Authorization.

This Authorization is given in connection with a claim for benefits. I intend that it be valid for the duration of the claim.

A photocopy or facsimile of this authorization shall be valid as the original.

**I certify that I have received a copy of this Authorization and authorize the use and/or disclosure of my protected health information as contemplated herein.**

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
*Signature Printed Name Date*

I have legal authority\* under the laws of the State of \_\_\_\_\_ to make health care decisions on behalf of \_\_\_\_\_, the individual to whom the use and/or disclosure of protected health information above applies, and execute this Authorization in my capacity as Authorized Representative thereof.

\_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
*Name of Authorized Representative/Parent or Guardian Relationship to Applicant Date*

\* A copy of the legal authority document must be on file with Humana/Kanawha HealthCare Solutions, Inc.

## State Specific Fraud Warning Statements

### **Humana:**

Any Person who, with the intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits and Application or files a claim containing a false or deceptive statement may be subject to prosecution and punishment for insurance fraud. We may notify all state and federal law enforcement agencies of any suspected Fraud, as determined by Us. We reserve the right to recover any payments made by Us that were made to You and/or any party on Your behalf, based on fraudulent or misrepresented information.

### **Alabama**

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or who knowingly presents false information in an application for insurance is guilty of a crime and may be subject to restitution fines or confinement in prison, or any combination thereof.

### **Alaska, Delaware, Idaho, Maine, Maryland, Minnesota, New Hampshire, New Mexico, Ohio, Oklahoma, Tennessee, Texas, Virginia, Washington, West Virginia**

Any Person who, with the intent to defraud or knowingly submits an application or claim containing a false or fraudulent statement may be subject to prosecution and punishment for insurance fraud.

### **Arkansas, Louisiana, Rhode Island**

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

### **Arizona**

For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

### **California**

For your protection California law requires the following statement to appear on this form: Any person who knowingly presents false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

### **Colorado**

It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies

### **District of Columbia**

**WARNING:** It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

### **Florida**

Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

### **Kentucky, Pennsylvania**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

### **Maryland**

Any person who knowingly **or** willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly **or** willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

### **New Jersey**

Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

### **New York**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

### **Puerto Rico**

Any person who knowingly and with intention of defrauding presents false information in an insurance application, or presents, helps, or causes the presentation of a fraudulent claim for the payment of a loss or any other benefit, or presents more than one claim for the same damage or loss, shall incur a felony and, upon conviction, shall be sanctioned for each violation with the penalty of a fine of not less than five thousand (\$5,000) dollars and not more than ten thousand (\$10,000) dollars, or fixed term imprisonment for three (3) years, or both penalties. Should aggravating circumstances be present, the penalty thus established may be increased to a maximum of five (5) years, if extenuating circumstances are present, it may be reduced to a minimum of two (2) years.